



SRI CHINMOY marathon team
GREAT BRITAIN

*“There is only
One perfect road
And
That road is ahead of You,
Always ahead of
You.”*

Sri Chinmoy

Results for Self-Transcendence 2 Mile Race,
Pontcanna Fields, 15th May 2009
Held under permit from Welsh Athletics

1	Stephen	Paterson	San Domenico RC	10.11
2	Calum	Cheshire	Les Croupiers RC	10.30
3	Robert	James	u.a.	10.34
4	Stuart	Crees	Les Croupiers RC	10.41
5	Symon	Murphy	Pontypridd Roadents	10.52
6	Phil	George	Les Croupiers RC	10.59
7	Jerome	Edwards	San Domenico RC	11.04
8	Mikey	Bryant	Avon Valley Runners	11.07
9	Daniel	Harris	Les Croupiers RC	11.07
10	Edward	Donovan	San Domenico RC	11.12
11	Steven	Hooper	Pontypridd Roadents	11.45
12	Matthew	Townsend	Les Croupiers RC	11.54
13	Matthew	Hurford	Les Croupiers RC	11.55
14	Andrew	Russell	Les Croupiers RC	11.56
15	Alistair	Wood	u.a.	12.02
16	Phil	Meyler	Pontypridd Roadents	12.05 M50-59
17	Matthew	Hooper	Cardiff AAC	12.09
18	Matthew	Hopkins	Les Croupiers RC	12.10
19	Glyn	Sansom	San Domenico RC	12.11
20	Andy	Davies	Pontypridd Roadents	12.11
21	David	Proud	Les Croupiers RC	12.12
22	Marcus	Coles	Les Croupiers RC	12.17
23	John	O'Shea	Les Croupiers RC	12.21 M50-59
24	Katie	Beecher	Les Croupiers RC	12.23 F
25	Simon	Flack	u.a.	12.32
26	Shayne	Sawyers	Les Croupiers RC	12.34
27	Dominic	Shields	San Domenico RC	12.34
28	Alun	Jones	Les Croupiers RC	12.36
29	Dean	Birt	Pontypridd Roadents	12.37
30	Becca	Stearn	u.a.	12.39 F
31	Terry	Caveney	Les Croupiers RC	12.40
32	James	Birchall	u.a.	12.41
33	Martin	Twigg	San Domenico RC	12.42
34	David	Profitt	Newport Harriers	12.59 M50-59
35	Robert	Hector	u.a.	13.02
36	Eirwyn	Rees	San Domenico RC	13.07
37	Jennie	Hughes	Les Croupiers RC	13.10 F
38	Graeme	Donnan	Les Croupiers RC	13.12 M50-59
39	Mike	Murphy	Les Croupiers RC	13.13 M50-59
40	Gavin	Richardson	u.a.	13.18



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41	James	McClenaghan	u.a.	13.24 M50-59
42	B J	LeGris	u.a.	13.28
43	Sally	Haselhurst	San Domenico RC	13.28 F
44	Tim	O'Sullivan	Les Croupiers RC	13.31 M50-59
45	Eric	Hughes	Bridgend AC	13.32 M70+
46	Jack	Evans	u.a.	13.35
47	Ruth	McLees	Les Croupiers RC	13.36 F
48	Peter	Maksimovic	u.a.	13.38
49	Michael	Rossiter	Les Croupiers RC	13.44
50	Jennifer	Topalian	u.a.	14.02 F
51	Rich	Skyrme	u.a.	14.07
52	Brian	Dias	Cardiff University AC	14.10
53	Julie	Scholey	Les Croupiers RC	14.11 F
54	Tim	Evans	u.a.	14.14
55	Rachel	Matthews	Cardiff AAC	14.17 F
56	Robert	Phillips	Pontypridd Roadents	14.18
57	Rhian	Hopkins	Pontypridd Roadents	14.18 F
58	Wendy	Owen	San Domenico RC	14.24 F
59	Keith	Verheyden	u.a.	14.35
60	Jennifer	Nelson	u.a.	14.39 F
61	Glyn	Hicks	Islwyn	14.41 M50-59
62	Hollie	Ryder	u.a.	14.47 F
63	Stephanie	Davies	Pontypridd Roadents	14.53 F
64	Anne	Follan	Pontypridd Roadents	14.55 F
65	Lowri	Newman	u.a.	14.59 F
66	Caroline	Dallimore	Les Croupiers RC	15.22 F50-59
67	Frances	Healer	u.a.	15.24 F
68	Gary	Bird	u.a.	15.35
69	Alison	Spiller	u.a.	15.45 F
70	Hannah	Davies	u.a.	15.46 F
71	Karen	Chadwell	Womens Running Network	15.55 F
72	Julia	Evans	u.a.	15.58 F
73	Robert	Smith	u.a.	16.10
74	Tracy	Burton	NEWT	16.13 F
75	John	Plowman	u.a.	16.21 M60-69
76	Patricia	Roblin	u.a.	16.23 F50-59
77	Huw	Rees	u.a.	16.25 M50-59
78	Ian	Warner	u.a.	16.26 M50-59
79	Amy	Rackham	Newport Harriers	16.34 F
80	Cath	Morgan	Womens Running Network	16.42 F50-59
81	Lucy	Nevitt	u.a.	16.49 F
82	Penny	Bible	u.a.	17.31 F
83	Gill	Murphy	Les Croupiers RC	17.15 F50-59
84	Paula	James	Pontypridd Roadents	17.50 F
85	Eleri	Bevan	u.a.	18.04 F
86	Mal	Rowson	Les Croupiers RC	18.10 F50-59
87	Sioned	Bevan	u.a.	18.18 F
88	Meg	Gordon	u.a.	18.21 F50-59
89	Cat	Chatterley	u.a.	18.57 F
90	Heidi	LeRue	u.a.	19.08 F
91	Heather	Jones	u.a.	19.18 F
92	Dean	Clark	u.a.	19.28 M50-59
93	Beccy	Robson	u.a.	19.30 F
94	Debbie	Ford	u.a.	19.31 F
95	Joanne	Gamba	u.a.	19.34 F
96	Karen	Phillips	Les Croupiers RC	20.06 F



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97	Jayne	Evans	u.a.	20.33 F50-59
98	Carey	Jones	u.a.	20.33 F50-59
99	Elaine	Williams	Islwyn	20.40 F50-59
100	Maria	Carr	u.a.	20.42 F
101	Tracey	Enright	u.a.	20.49 F
102	Natalie	Smout	u.a.	20.49 F
103	Heledd	Thomas	u.a.	21.25 F
104	Gwennan	Parry	u.a.	21.25 F
105	Freya	Kendall	u.a.	21.46 F